Sinclair School of Nursing (SSON) Simulation Cleaning Policy:

Objective: This policy was developed to proactively address concerns about the outbreak of COVID-19. The policy is in place to outline proactive cleaning measures to help provide a safe, healthy environment for students, faculty and staff who engage in in-person activities in the Simulation Center.

Definitions:
Sanitize: reducing or removing germs, dirt, and impurities from surfaces. Sanitizing does not kill germs, but removes them, or lowers the number of contamination or bacteria to a safe level reducing the risk of spreading infection (CDC, 2020).

Disinfect: using chemicals to kill everything on a particular surface, including the COVID-19 virus (CDC, 2020).

Disinfectants: alcohol solutions with at least 70% alcohol and most common EPA-registered household disinfectants.

Policy Goal: To provide an evidence-based guideline for the SSON Clinical Simulation Center to ensure spaces are properly sanitized and disinfected to help protect students and employees, the following cleaning policy has been implemented:

Locations to be cleaned using sanitizing wipes after each training session and between groups by simulation staff and faculty, and student assistance as directed:

- Clinical skills lab: bedrails, tables, countertops, cabinet doors & handles, sinks & faucets, instruments, chairs, keyboards & mice, entry door knobs/handles, light switches
- Common areas: countertops, all equipment & printer.
- Hand sanitizer and disinfecting wipes are readily available in each room.
- If surfaces are dirty, they will be cleaned using a detergent or soap and water prior to disinfection.
- All high contact surfaces and simulation control tablets or laptops are to be wiped down at the end of each training session, or when switching simulator operators.

Simulation equipment using disinfecting (70% Isopropyl alcohol) wipes:

- All tasks trainers are to be wiped down by students between rotations.
- All reusable supplies and instruments are to be wiped down by students after each use.
- Simulators are to be wiped down at the end of each training session by simulation staff or faculty.
Expectations of students in lab:

- If you have any infectious symptoms of concern (fever >100.4 F, sore throat, loss of taste or smell, etc), OR are concerned about an exposure to someone you live with or close contact who is positive OR have a pending COVID-19 test, you are not allowed in the Simulation Center until you have been cleared to return. Please contact your faculty and quarantine according to campus and CDC guidelines.

- Wash hands with soap and water for at least 20 seconds or apply sanitizer that contains at least 60% alcohol when you enter the room

- Put on gloves when working with all simulation equipment

- Encourage frequent hand hygiene, especially:
  - After blowing one’s nose, coughing, or sneezing
  - After using the restroom
  - Before and after eating or preparing food
  - After any contact
  - Before and after contact with others
  - Wash hands before exiting the simulation center
  - If a student is not feeling well they are expected to stay home.

- All students are expected to wear nursing scrubs, close-toed shoes and launder clothing regularly.

- Launder items using warmest appropriate water setting and dry items completely
  - Launder items after each experience
  - Clean and disinfect clothes hampers or launder as well

Simulation Changes:

- Faculty and staff will ask students to wipe down personal equipment before and after simulation activities (e.g. stethoscopes).

- Group sizes will be determined based on the space in each simulation room/space. Stewart Hall, Lab 1 (Stewart Hall 026) and Lab 2 (Stewart Hall 128), and Lab 3 (Stewart Hall 235) can accommodate 20 students plus the instructors on each floor.

- 2 learners are allowed at bedside at a time for extended periods (greater than 15 minutes) of time, ie: CPR, starting a pump, starting an IV, placing a urinary catheter.

- All individuals will be expected to wear a level 3 mask while in the simulation center.

RESOURCES – Recommended videos
How to wear a level 3 mask properly:
https://www.youtube.com/watch?v=etZK-GrUYgM
How to care for a level 3 mask properly:
https://www.youtube.com/watch?v=JwPWdkbyizw
Tips for preventing glasses from fogging up while wearing a mask:
https://www.youtube.com/watch?v=RlYcV77l6Go
How to apply PPE:
https://www.cdc.gov/hai/pdfs/ppe/PPE-Sequence.pdf
Reusing PPE: